

1. Know these prayers; Sign of the Cross, Our Father, Hail Mary, Glory Be, Act of Contrition and Apostles Creed.

1. *The Sign of the Cross.*

In the name of the Father, and of the Son, and of the Holy Ghost. Amen

2. *The Lord's Prayer, or Our Father.*

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3. *Hail Mary.*

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

4. *The Apostles' Creed.*

I Believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into hell; the third day He arose again from the dead: He ascended into heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

5. *Glory Be (Doxology)*

Glory be to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and ever shall be, world without end. Amen.

6. *An Act of Contrition*

O my God, I am heartily sorry for having offended Thee. I detest all my sins because I dread the loss of heaven and the pains of hell. But most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace to sin no more and to avoid the near occasions of sin. Amen.

7. *To St. Michael*

St. Michael the Archangel, defend us in battle; be our protection Against the malice and snares of the devil. We humbly beseech Thee, O God, to command him; and do Thou, O Prince of the Heavenly host, by the divine power thrust into hell Satan and the Other evil spirits who roam through the world seeking the Destruction of souls. Amen.

Most Sacred Heart of Jesus, have mercy on us. (said three times)

8. *Grace before Meals*

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty. Through Christ our Lord. Amen

2. Who is God?

God is the supreme being. God is all perfect and all knowing. He created everything out of nothing.

3. What is the Blessed Trinity?

The Holy Trinity is 3 persons in one God. Father, Son and Holy Spirit.

4. What is Original Sin?

It is the 1st sin which came to us from Adam and Eve. We are born with original sin, baptism washes it away.

5. What is grace? Grace is favor, the free and undeserved help that God gives us.

The life of God in our Soul. (We receive grace from the sacraments and good works)

6. What is the Incarnation?

The Son of God became Man. (Jesus is True God and True Man)

7. Know the Ten Commandments.

THE COMMANDMENT	GOD'S LAW
1. I am the LORD your God. You shall not have strange gods before me.	Believe that there is only One God
2. You shall not take the name of the Lord your God in vain.	Respect the name of God
3. Remember to keep holy the Sabbath day.	God to Mass on Sunday.
4. Honor your father and your mother.	Respect your father and mother
5. You shall not kill.	Take care of all that God has made
6. You shall not commit adultery.	Treat your body as a gift from God
7. You shall not steal.	Respect the property of others
8. You shall not bear false witness against your neighbor.	Always tell the truth
9. You shall not covet your neighbor's wife.	Respect the families of others
10. You shall not covet your neighbor's goods.	Be content with what you have

8. Be able to name the 7 sacraments and explain each one.

- Outward sign
- Instituted by Christ
- To give grace

Sacrament	Definition
Baptism	Takes away original sin; we become members of the church
Reconciliation	Confession -
Eucharist	Jesus comes to us in the form of Bread and Wine
Confirmation	The Holy Spirit comes to us
Matrimony	Joining a man and a woman through Christ
Holy Orders	Anointing a man to become a priest
Anointing of the Sick	When the body is dying the priest is called to heal the soul of sin

9. What is the Great Commandment?

Love God with your whole heart and soul/ Love your neighbor as yourself.

10. What is a sin? Be able to distinguish between a venial sin and a mortal sin.

Sin is saying “no” to God. Venial sin is a less serious evil and does not take away sanctifying grace. Mortal sin takes away sanctifying grace. It is a grievous offense against the law of God.

11. What is a conscience? The Conscience is the inner feeling or voice which acts as a guide to what is right or wrong. Our conscience is the judgement or decision our mind makes on what is right and wrong.

12. What are the three conditions necessary for mortal sin to exist?

The thought, desire, action must be of a serious nature.

The sinner must know it’s wrong and give sufficient reflection to do it anyway.

The sinner must fully consent to it.

13. Why should we go to Reconciliation? To tell Christ we are sorry, seek forgiveness and renew our relationship with Christ.

14. What are the Steps of Confession?

1. Examination of conscience - be sorry
2. Enter the Confessional - Make the sign of the cross
3. Bless me Father for I have sinned; this is my FIRST Confession. (Length of time from last confession)
4. Tell your sins... Most serious sins first (how many times)
5. Listen and respond to Priest Comments or Questions
6. Begin saying your Act of Contrition Prayer
7. Priest will be giving you absolution
8. Leave Confessional and perform the Penance

15. **What is absolution?** Absolution is a formal remission of sins (prayers or a statement) made by the priest which pardons us from our sins.

16. **What is a penance?** Many times it is prayers the priest gives us to do.

17. **What is a conversion?** Conversion is the turning from a state of sin to repentance

18. **What is the Bible?** A collection of sacred texts or scriptures referred to as “books” written and inspired by God. There are two parts, the Old Testament and the New Testament.

19. **What are the four Gospels?** – Matthew, Mark, Luke, and John

20. **Why are the Gospels so important?** The good news of Jesus’ life, death and resurrection told by his disciples.